

Thrombosis Risk Factor Assessment

Patient's Name _____ Age ____ Sex ____

Diagnosis _____ Height (in) ____ Weight (lbs) ____

Choose All That Apply

Each Item Represents 1 Risk Factor

- Minor Surgery planned
- Age 41 to 60 years
- History of prior major surgery (<1 month)
- Pregnancy or postpartum (<1 month)
- Varicose Veins
- Inflammatory Bowel Disease
- Swollen Legs (current)
- Obesity (BMI >25)
- Oral contraceptives or hormone replacement therapy

Each Item Represents 2 Risk Factors

- Age over 60 years
- Malignancy (present or previous)
- Major surgery (>45 minutes)
- Laparoscopic surgery (>45 minutes)
- Patient confined to bed (>72 hours)
- Immobilizing plaster cast (<1 month)
- Central venous access (<1 month)

Each Item Represents 3 Risk Factors

- History of DVT/PE
- Family history of thrombosis
- Age over 75 years
- Factor V Leiden/Activated protein C resistance
- Major surgery with additional risk factors such as myocardial infarction, congestive heart failure, sepsis, or serious lung disease (abnormal pulmonary function, such as COPD)
- Medical patient with additional risk factors (stroke, MI, etc.)
- Congenital or acquired thrombophilia
If yes: Type _____
- Other Risk Factors _____

Each Item Represents 5 Risk Factors

- Elective major lower extremity arthroplasty
- Hip, pelvis or leg fracture (<1 month)
- Stroke (<1 month)
- Multiple Trauma (<1 month)
- Acute spinal cord injury (paralysis) (<1 month)

Total Risk Factors

Total Risk Factors	Incidence of DVT	Risk Level	Prophylaxis Regimen	Legend
0-1	2%	Low Risk	No specific measures; early ambulation	ES - Elastic Stockings IPC - Intermittent Pneumatic Compression LDUH - Low Dose Unfractionated Heparin LMWH - Low Molecular Weight Heparin
2	10-20%	Moderate Risk	ES or IPC or LDUH or LMWH	
3-4	20-40%	High Risk	IPC or LDUH or LMWH	
5 or more	40-80%	Highest Risk	LDUH or LMWH or Warfarin plus ES or IPC	

Examining Physician's Signature: _____ Date: _____